

16th ANNUAL WORLD CONGRESS ON ANTI-AGING MEDICINE
& REGENERATIVE BIOMEDICAL TECHNOLOGIES

July 15-19, 2008 | Gaylord Palms, Washington, DC



DRAFT PROGRAM

**Up to 44 AMA / PRA Category 1 Credits
AVAILABLE**

FELLOWSHIPS/CERTIFICATIONS – WEDNESDAY, JULY 16

Additional Fee**

FELLOWSHIP IN ANTI-AGING, REGENERATIVE & FUNCTIONAL MEDICINE- Module I (Day 1)

7:15 AM – 6:00 PM

Room: TBA

8 Hours CME Credits Available

7:15 am	Introduction to the Fellowship	Pamela Smith, M.D., MPH
7:30 am	Compounded Dosage Forms	Michael Collins, R.Ph.
9:30 am	Break	
10:00 am	Adrenal Fatigue: The 21st Century Stress Syndrome	James Wilson, Ph.D., ND, DC
11:00 am	Adrenal Fatigue: Case Histories	James Wilson, Ph.D., ND, DC
12:00 pm	Lunch	
1:30 pm	Hormone Testing in Saliva, Blood Spot and Serum.....	James Wilson, Ph.D., ND, DC
3:30 pm	Break	
4:00 pm	Breast Cancer – Progesterone vs. Synthetic Progestins.....	David Zava, Ph.D.
5:00 pm	PMS and PCOS.....	Pamela Smith, M.D., MPH
6:00 pm	Session Closes	

FELLOWSHIP IN ANTI-AGING, REGENERATIVE & FUNCTIONAL MEDICINE- Module VII (Day 1)

7:15 AM – 6:00 PM

Room: TBA

8 Hours CME Credits Available

7:15 am	Introduction to the Fellowship	Pamela Smith, M.D., MPH
7:30 am	Chronic Fatigue and Fibromyalgia.....	Pamela Smith, M.D., MPH
9:30 am	Break	
10:00 am	Auto-Immune	Patrick Hanaway, MD
11:00 am	Brain Fitness.....	Pamela Smith, M.D., MPH
12:00 pm	Lunch	
1:30 pm	Excitotoxins and the Brain	Russell Blaylock, MD
3:30 pm	Break	
4:00 pm	Excitotoxins and the Brain	Russell Blaylock, MD
6:00 pm	Session Closes	

AESTHETIC FELLOWSHIP Module III (Day 1)

8:00 AM – 5:30 PM

Room: TBA

8 Hours CME Credits Available

8:00 am	Venous Anatomy and Histology
8:45 am	Venous Physiology and Pathophysiology
9:30 am	Venous Evaluation
10:15 am	Break
10:30 am	Review of Scleroscants
11:15 am	Sclerotherapy Techniques and Treatment
12:00 pm	Lunch
1:30 pm	Demonstratio of Venous Evaluation and Sclerotherapy Treatment
2:30 pm	Sclerotherapy Complications
3:15 pm	Break
3:45 pm	Endovenous Closure
4:15 pm	Endovenous Closure Video Demonstration
4:30 pm	Surgical Treatment of Venous Disease
5:30 pm	Developing a Vein Practice
5:30 pm	Session Closes

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FELLOWSHIPS/CERTIFICATIONS – THURSDAY, JULY 17

Additional Fee**

FELLOWSHIP IN ANTI-AGING, REGENERATIVE & FUNCTIONAL MEDICINE- Module I (Day 2)

7:30 AM – 6:00 PM

Room: TBA

8 Hours CME Credits Available

7:30 am	Estrogen Metabolism	Patrick Hanaway, M.D.
9:30 am	Break	
10:00 am	Hormone Essentials: Personalizing Diagnosis and Treatment.....	Patrick Hanaway, M.D.
12:00 pm	Lunch	
1:30 pm	A Woman’s Hormonal Symphony.....	Pamela Smith, M.D., MPH
3:30 pm	Break	
4:00 pm	Clinical Aspects of Hormone Replacement for Men & Women	Pamela Smith, M.D., MPH
6:00 pm	Session Closes	

FELLOWSHIP IN ANTI-AGING, REGENERATIVE & FUNCTIONAL MEDICINE- Module VII (Day 2)

7:30 AM – 6:00 PM

Room: TBA

8 Hours CME Credits Available

7:30 am	The Clinical Aspects of Auto-Immune Diseases.....	Pamela Smith, M.D., MPH
9:30 am	Break	
10:00 am	Auto-Immune.....	Robert Rountree, M.D.
12:00 pm	Lunch	
1:30 pm	Auto-Immune.....	Robert Rountree, M.D.
2:30 pm	The Role of the Endocrine System in Autoimmunity.....	James Wilson, M.D.
3:30 pm	Break	
4:00 pm	The Role of the Endocrine System in Autoimmunity.....	James Wilson, M.D.
6:00 pm	Session Closes	

AESTHETIC FELLOWSHIP Module III (Day 2)

8:00 am – 5:30 pm

Room: TBA

8 Hours CME Credits Available

8:00 am	Cellulite Physiology
8:30 am	Mesotherapy Techniques & Treatment
9:15 am	Injection Lipolysis Techniques and Treatment Protocols
10:00 am	Break
10:30 am	Mesotherapy Demonstration
11:00 am	No Needle Mesotherapy & Demonstration
11:45 am	Lunch
1:00 pm	Non-invasive Body Contouring Device Overview
2:30 pm	Break
2:45 pm	Body Contouring Device Demonstrations
4:00 pm	Invasive/Surgical Body Contouring Techniques Overview
5:00 pm	Managing Body Contouring Complications
5:30 pm	The Successful Body Contouring Practice
5:30pm	Session Closes

***** Additional registration fee applies for the above courses.*****

Please contact A4M registration department at 800-558-1267 for more information.

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FELLOWSHIPS/CERTIFICATIONS – FRIDAY, JULY 18

Additional Fee**

FELLOWSHIP IN ANTI-AGING, REGENERATIVE & FUNCTIONAL MEDICINE- Module I (Day 3)

7:30 am – 6:00 pm

Room: TBA

8 Hours CME Credits Available

7:30 am	Testosterone Replacement Therapy.....	Ronald Rothenberg, M.D.
9:30 am	Break	
10:00 am	Stem Cells and Regenerative Medicine	Ronald Rothenberg, M.D.
10:30 am	Thyroid Replacement Therapy: “Pet Peeves”.....	Ronald Rothenberg, M.D.
11:00 am	Clinical Aspects of Thyroid Treatment.....	Pamela Smith, M.D., MPH
12:00 pm	Lunch	
1:30 pm	Hormone Replacement: By The Book	Eldred Taylor, M.D.
3:30 pm	Break	
4:00 pm	The Stress Connection	Eldred Taylor, M.D.
6:00 pm	Session Closes	

FELLOWSHIP IN ANTI-AGING, REGENERATIVE & FUNCTIONAL MEDICINE- Module VII (Day 3)

7:30 am – 6:00 pm

Room: TBA

8 Hours CME Credits Available

7:30 am	Toxic Metals and Chelation.....	James LaValle, RPh, MS, ND, CCN
9:30 am	Break	
10:00 am	How to Maintain and Keep Your Memory Sharp.....	Eric Braverman, M.D.
12:00 pm	Lunch	
1:30 pm	Fatigue	Michael Schmidt, Ph.D.
3:30 pm	Break	
4:00 pm	Fatigue	Michael Schmidt, Ph.D.
6:00 pm	Session Closes	

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TIME, SPEAKERS, TOPICS Subject to Change

* CME Not Available

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SPECIAL WORKSHOPS – TUESDAY, JULY 15

Additional Fee**

CANCER: NON-TOXIC THERAPIES

8 Hours CME Credits Available

Speaker: Mark Rosenberg, MD

8:00 am – 5:00 pm Room TBA

8:00am – 8:30am Efficacy of Chemotherapy for Advanced Cancer
8:30am - 9:00am Mechanisms of Cancer Growth
9:00am - 9:15am Why is Chemotherapy Ineffective
9:15am - 12:15pm A Novel Comprehensive Protocol for the Treatment of Advanced Stage Cancer
12:15pm – 1:15pm **Lunch Break**
1:15pm - 2:00pm Miscellaneous drugs that are effective against cancer
2:00pm - 2:30pm Supplements and Cancer Treatment
2:30pm - 3:00pm Case Reports
3:00pm - 3:30pm Questions regarding protocol and academics
3:30pm - 4:00pm Laboratory Studies and Imaging Studies
4:00pm – 4:20pm **Break**
4:20pm - 6:00pm “Hands On” and Questions
6:00pm **SESSION CLOSSES**

SPECIAL WORKSHOPS – WEDNESDAY, JULY 16

Additional Fee**

IV PARENTAL NUTRITION (IVPN)- When & When Not to Use it

8 Hours CME Credits Available

Speaker: Mitchell Ghen, D.O., Ph.D.

8:00 am – 6:00 pm Room TBA

Goal: The physicians will have the knowledge to implement different methods in regards to IV parenteral nutrition in their practice

Objectives:

- The use of vitamins and minerals in intravenous protocols may help specific disorders versus other oral administrative methods
- Learn the advantages and disadvantages of IV parenteral nutrition
- Learn the side effects and complications associated with IV parenteral nutrition and the appropriate corrections
- Learn when to utilize a packaged item versus a compounded item for your IV protocols

6:00pm **SESSION CLOSSES**

ABAARM ORAL EXAM BOARD REVIEW COURSE*

7:00 pm – 9:30 pm Speaker: *Pamela Smith, MD* Room: TBA

SPECIAL WORKSHOPS – THURSDAY, JULY 17

Additional Fee**

SPORTS MEDICINE (Day 1)

8:00 am – 5:30 pm

Room: TBA

8.5 Hours CME Credits Available

SPECIAL WORKSHOPS – FRIDAY, JULY 18

Additional Fee**

SPORTS MEDICINE (Day 2)

8:00 am – 5:30 pm

Room: TBA

8.5 Hours CME Credits Available

TIME, SPEAKERS, TOPICS Subject to Change

* CME Not Available

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SPECIAL WORKSHOPS – SATURDAY, JULY 19

Additional Fee**

SPORTS MEDICINE (Day 3)

8:00 am – 5:30 pm

Room: TBA

8.5Hours CME Credits Available

***** Additional registration fee applies for the above special courses.*****
Please contact A4M registration department at 800-558-1267 for more information.

**GENERAL CONFERENCE – THURSDAY, JULY 17
SPECIAL SESSIONS**

Thursday, July 17

ABAARM ORAL EXAMINATION * Room: TBA

7:00am REGISTRATION OPENS

SESSION 1

INTEGRATIVE MODALITIES FOR THE ANTI-AGING CLINICIAN

8:00 am- 5:00 pm Room TBA

5.5 Hours CME Credits Available

8:00am - 8:40am	Amino Acid Detoxification- Case Studies & Protocols.....	Jared Skowron, ND
8:40am - 9:20am	Advances in Body Radiosurgery.....	Gil Lederman, MD
9:20am - 10:00am	Anti-Photoaging by Astaxanthin for Skin.....	Eiji Yamashita, Ph.D.
10:00am - 10:40am	Sonodynamic & Photodynamic Cancer Therapy.....	Tom Lewis, Ph.D.
10:40am - 11:20am	The Laboratory in Optimizing Thyroid Function.....	Riffat H Qadir, MD
11:20am - 12:00pm	Lunch Break	
12:00pm – 12:40pm	Vitamin D's Emerging Research: More than just Rickets.....	Mayer Eisenstein, MD
12:40pm - 1:20pm	Rejuvenation Through Detoxification.....	Russell L. Kolbo, DC, ND
1:20pm - 2:00pm	Hair Restoration: Maintaining and Restoring the Aging Frame of the Face.....	Alan Bauman, MD
2:00pm – 2:30pm	Chronic Effects of Growth Hormone Deficiency on QoL and Levels of Daytime Sleepiness...Victor Harding, MD	
2:30pm – 3:00pm	Identifying and Treating the Root Causes of Depression, Fatigue & Migraine Headache....Cass Nelson Dooley, MS	
3:00pm - 3:30pm	How To Capture the Media's Attention*.....	Jackie Silver
3:30pm – 3:40pm	Break	

A Special Session Highlighting the Latest Technologies to Extend the Healthy Human Lifespan

Co-Chair: David Cebula, Ph.D.

3:40pm – 4:20pm	The Brain-Machine Interface and Neural Implants.....	Nitish Thakor, Ph.D.
4:20pm – 5:00pm	Latest Technologies in Anti-Aging Medicine.....	TBA
5:00pm	SESSION CLOSSES	

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**GENERAL CONFERENCE – THURSDAY, JULY 17
SPECIAL SESSIONS (CONT)**

SESSION 2

LABORATORY TESTING IN ANTI-AGING MEDICINE
Co-Chair: Bill Anton, Ph.D.
8:00 am- 5:00 pm Room TBA 8 Hours CME Credits Available

- 8:00am -10:00am NEW TEST PANELS: Osteoporosis; Comprehensive laboratory screening profiles; Bone Metabolism - Urine Test available; Parathyroid hormone; Vitamin D; Calcium levels and absorption.....Bill Anton, Ph.D.
- 10:30am - 1:00pm Food Allergies Vs Sensitivities; Interpreting Food Allergy results; Treating Food Allergies & Sensitivities; Sensitivities to Food Additives, Preservative and artificial colorings; Allergies & sensitivities to medications; Allergies & sensitivities to environmental chemicals; Rotation Diets; Gut inflammation & Cytokines; Gut Repair and Monitoring.....Bill Anton, Ph.D.
- 1:00pm - 2:00pm **Lunch Break**
- 2:00pm -3:30pm NEW TEST PANELS: Adrenal Reserves & Testing Adrenal Metabolites; Anabolic VS Catabolic Ratio; Growth Hormone Urine Vs SERUM Testing; Male & Female Steroid Hormone Profiles – Urine; Assessing 5-alpha reductase activity (Testosterone tp DHT); Assessing aromatization (Testosterone to Estrogens); Assessing testosterone/androgen secretion levels.....Bill Anton, Ph.D.
- 4:00pm-5:00pm Neurotransmitter Metabolism & Mood Disorders; Dopaminergic, Noradrenergic, Adrenergic, Serotonergic Activity; MAO & COMT assessing activity levels; Results Interpretation & Treatment Protocols.....Bill Anton, Ph.D.
- 5:00pm **SESSION CLOSES**

SESSION 3

IMMUNITY/ CANCER & VIRAL INFECTIONS TREATMENTS
8:00 am- 5:00 pm Room TBA 8 Hours CME Credits Available

- 8:00am - 8:40am Clinical Research on Cortisol Abnormality in Stress, Sleep, Sports & Obesity.....Paul Tai, DPM
- 8:40am - 9:20am Effect of Prophylactic Treatment with Silver Sol Solutions on an Avian Influenza A (H5N1) Virus Infection in Mice.....Gordon Pedersen, Ph.D.
- 9:20am - 10:00am Six-Month Follow up of Ischemic Cardiomyopathy Patients Treated with Autologous Angiogenic and Regenerative Progenitor Cells.....Z. Grekos, MD
- 10:00am - 10:40am Cancer: Myths, Madness and Truth, Education is the cure.....David R. James, Ph.D., ND
- 10:40am - 11:20am Autologous White Blood Cell Transfusion: Towards a Younger Immunity.....Dominique Charron, MD, PhD
- 11:20am - 12:00pm Assessment of Anti-Allergic Properties of Liquid Colostrum Extract on Systemic Anaphylaxis in Guinea PigsJohn Maher, DCCN
- 12:00pm - 1:00pm **Lunch Break**
- 1:00pm - 1:40pm Energy Medicine/Frequency MedicineJames Oschman, Ph.D.
- 1:40pm - 2:20pm Diabetes and Accelerated Aging:21st Century Epidemics.....Steven V. Joyal, MD
- 2:20pm - 3:00pm Ionic Currents: The Spark of Life and Directional Force in Cellular Metabolism and Energetics.....Xanya Sofra-Weiss, Ph.D.
- 3:00pm – 3:40pm Hormone Replacement By The Book, Get Out of LineEldred Taylor, MD
- 3:40pm – 4:20pm The Role of NonInvasive Cosmetic Procedures in Anti-Aging Medicine.....Alex DeSouza, MD
- 4:20pm – 5:00pm Diagnosis and Treatment of Low Testosterone in Men..... Abraham Morgentaler, MD
- 5:00pm **SESSION CLOSES**

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**GENERAL CONFERENCE – THURSDAY, JULY 17
SPECIAL SESSIONS (CONT)**

SESSION 4

ENDOCRINOLOGY

8:00 am- 1:00 pm Room TBA

4.5 Hours CME Credits Available

- 8:00am - 8:40am Melanocyte stimulating hormone: efficient therapy against gray hair and against obesity and cerebrovascular disease and many more diseases?..... Thierry Hertoghe M.D.
- 8:40am - 9:20am TRH, potent anti-aging hormone, in particular against neurodegenerative disease..... Thierry Hertoghe M.D.
- 9:20am - 10:00am Thyroid Hormone.....Ron Rothenberg M.D.
- 10:00am - 10:40am Estradiol treatment of menThierry Hertoghe M.D.
- 10:40am - 11:00am **Break**
- 11:00am - 11:40am Neurotransmitters and the Brain.....Eric Braverman M.D.
- 11:40am - 12:20pm Testosterone.....Ron Rothenberg M.D.
- 12:20pm - 1:00pm The Nuts and Bolts of Anti-Aging Medicine.....Ron Rothenberg M.D.
- 1:00pm **SESSION CLOSSES**

SESSION 5

HOW TO BUILD AN ANTI-AGING PRACTICE *

8:00 am- 5:00 pm Room TBA

EVENING EVENTS

ABAARM/ ABAAHP WRITTEN EXAM BOARD REVIEW COURSE*

7:00 pm – 9:30 pm Speaker: Pamela Smith, MD Room: TBA

6:00pm – 7:00pm

HOW TO OPEN A SUCCESSFUL ANTI-AGING PRACTICE * USING: Bio-Identical Hormone Replacement – Marketing - Take Shape for Life Weight Loss Program - Anti-Aging Fellowships. Marketing your practice. BodyLogicMD. Referral programs. These are the latest concepts of adding profit to your practice!

Speakers: John Grasela RPH, Pamela Smith MD, Ron Rothenberg MD, Patrick Savage

5:30 pm – 7:30 pm

~ EXHIBIT HALL OPENING - Cocktail Reception ~

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GENERAL CONFERENCE – FRIDAY, JULY 18

GENERAL SESSION

8:00 am- 11:00 am Room TBA *3 Hours CME Credits Available*

7:00 AM **REGISTRATION OPENS**

Friday, July 18
ABAARM ORAL EXAMINATION * Room: TBA

8:00am – 8:40am Depleted Uranium and DetoxificationWilliam R. Deagle, MD
8:40am – 9:00am Infectious Neurological diseasesRobert DeJonge, DO
9:00am – 9:40am **OPENING REMARKS**.....**Ronald Klatz, MD, DO**
..... **Robert Goldman, MD, PhD, DO, FAASP**

Revolutionize Your Practice: Anti-Aging Medicine as the New Wellness Model for Healthcare
Anti-aging medicine is poised to revolutionize healthcare. Explore the social, economic, political, and personal implications of this transformation.

Ronald Klatz, MD, DO
Founder & President, American Academy of Anti-Aging Medicine (A4M)
Robert Goldman, MD, PhD, DO, FAASP
Chairman of the Board, American Academy of Anti-Aging Medicine (A4M)

9:40am - 10:20am The Pro's & Con's of Thermography as a Predictive Indicator in Breast Cancer Imaging.....Jeanne Stryker, MD
10:20am - 11:00am The Mediterranean Diet..... Michael D. Ozner, MD

11:00 AM – 1:00 PM
EXHIBIT HALL OPENS ~LUNCH BREAK

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GENERAL CONFERENCE – FRIDAY, JULY 18 (CONT)

SESSION 1

1:00 PM- 4:00 PM Room TBA

3 Hours CME Credits Available

- 1:00pm - 1:40pm** Human Growth Hormone Treatment of Growth–Hormone Deficient Adults with Lab Tests within the Reference Range: The Scientific Evidence that Supports it.....Thierry Hertoghe, MD
- 1:40pm - 2:20pm** Nutritional Support for Anti-Aging and Aesthetic Medicine.....Stephen Holt, MD, Ph.D.
- 2:20pm - 3:00pm** The Benefits of Whole Body Vibration on Health and Wellness.....Trupti Gokani, MD
- 3:00pm - 3:30pm** Glutathione: Improvement in Parameter’s of Aging and Inflammation in Patients with and without HIV Infection Supplemented with a Patented Oral Glutathione Accelerat.....R.H. Keller, MD
- 3:30pm – 4:00pm** Potential of Magnetism to Extend Longevity and Quality of Life?Dean Bonlie, DDS
Will be discusses human research studies showing benefits of magnetic fields on human health and quality of life.
- 4:00pm** **SESSION CLOSSES**

SESSION 2

1:00 PM- 4:00 PM

Room TBA

AESTHETIC MEDICINE

4:00 PM – 6:00 PM

EXHIBIT HALL BREAK

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GENERAL SESSION – FRIDAY, JULY 18 (CONT)

EVENING WORKSHOPS

6:00 PM – 9:00 PM Room: TBA 3 Hours CME Credits Available
NUTRACEUTICAL WORKSHOP: Learn to properly use oral nutrients & botanicals to speed healing and enhance patient results Stephen Holt, MD, ND

6:00-9:00 PM Room: TBA 1 Hour CME Credit Available
AESTHETIC WORKSHOP- Lasers

GENERAL SESSION – SATURDAY, JULY 19

GENERAL SESSION

1:00 pm- 4:00 pm Room TBA 3 Hours CME Credits Available
 7:00 am **REGISTRATION OPENS**
 8:00am – 8:30am Transforming Medical Boards: The Texas Experience.....Steven Hotze, MD
 8:30am – 9:00am Primary Locus Interventions: A novel Approach to Treating Age-Associated Hormone Insufficiency.....Richard Walker, Ph.D., R.Ph.
 9:00am- 9:30am Interventions in Anti – Aging Medicine.....TBA
 9:30am – 10:00am A Restorative Medicine Model that works integrating -hormones, nutrition, detoxification - Case Studies.....Sangeeta Pati, MD

EXHIBIT HALL ~ BRUNCH BREAK
10:00 AM – 1:00 PM

SESSION 1

1:00 PM – 5:00 PM Room TBD 4 Hours CME Credits Available
 Co-Chair: Ronald Klatz, MD, DO
 1:00pm - 1:40pm Effect of Growth Hormone on Adipose Tissue Depots, Metabolism and Aging.....John Kopchick, Ph.D.
 1:40pm - 2:20pm Modulation of Aging Through Apoptosis.....Marvin Hausman, MD

BUILDING A BETTER MAN...EXPLORE THE SCIENCE OF THE FUTURE

*A Special Conference Session to discuss the latest medical, scientific, and technological breakthroughs...
And the possibility of near-term implications to positively impact human longevity*

2:20pm - 3:00pm **Stem Cell Therapeutics for Skin Rejuvenation.....Kenneth D. Steiner, MD, MBA**
 3:00pm – 3:40pm **Stem Cell Therapeutics: Tissue Regeneration..... Christopher Centeno, MD**
 3:40pm – 4:20pm **Bioelectrics as Cancer Treatment..... Dr. Stephen Beebe**
 4:20pm – 4:50pm **Biomedical Ethics & Implications..... Bernard Siegel**
 4:50pm – 5:00pm **Questions & Answers**
 5:00pm **SESSION CLOSSES**



DRAFT PROGRAM

**GENERAL SESSION – SATURDAY, JULY 19
 CONT**

SESSION 2

1:00 PM – 4:00 PM
AESTHETIC MEDICINE
Room TBD

Afternoon Workshop

3:00pm – 4:00pm

How to Open a Turn Key Weight Management Program * Weight management is age management. 67% of your patient base is overweight. Where will you send them? Learn the simple steps to incorporate a science-based, highly effective fat loss program into your practice while earning a generous compliance package.

Speaker: Kim Ruby, CN

----- **EXHIBIT HALL CLOSING 2:00 P.M.** -----

----- **CONFERENCE CLOSING 4:30 P.M.** -----

ABAARM/ ABAAHP WRITTEN EXAMINATION
1:00 PM – 5:00 PM *Room: TBA*